Suggested Books

• Caregiving: The Spiritual Journey of Love, Loss and Renewal  
  Author: Beth Witrogen McLeod ISBN #: 0471392170

• When Love Gets Tough: The Nursing Home Decision  
  Author: Doug Manning ISBN #: 1892785005

• A Caregiver’s Survival Guide: How to Stay Healthy When Your Loved One is Sick  
  Author: Kay Marshall Strom ISBN #: 0830822305

• May I Walk You Home? Courage and Comfort for Caregivers of the Very Ill  
  Authors: Joyce Hutchison and Joyce Rupp ISBN #: 08779366706

• Caregivers and Personal Assistants: How to Find, Hire and Manage the People Who Help You (Or Your Loved One!)  
  Author: Alfred H. Degraff ISBN #: 0962110612

• The Gifts of Caregiving: Stories of Hardship, Hope and Healing  
  Author: Connie Goldman ISBN #: 1577491173

• Hard Choices for Loving People: CPR, Artificial Feeding, Comfort Care and the Patient with a Life-Threatening Illness  
  Author: Hank Dunn ISBN #: 1928560032

• Handbook for Mortals: Guidance for People Facing Serious Illness  
  Authors: Joanne Lynn, Joan Harrold and The Center to Improve Care of the Dying ISBN #: 0195146018

• The 36-Hour Day: A Family Guide to Caring for Persons with Alzheimer Disease, Related Dementia Illnesses, and Memory Loss in Later Life  
  Authors: Nancy L. Mace and Peter V. Rabins ISBN #: 0446618764

• Learning to Speak Alzheimer’s: A Groundbreaking Approach for Everyone Dealing with the Disease  
  Authors: Joanne Koenig Coste and Robert Butler ISBN #: 0618485171

• Always on Call: When Illness Turns Families Into Caregivers  
  Author: Carol Levine ISBN #: 0826514618

• Caregiving and Loss: Family Needs, Professional Responses  
  Author: Kenneth J. Doka ISBN #: 1893349020

• Coping With Your Difficult Older Parent: A Guide for Stressed-Out Children  
  Authors: Grace Lebow, Barbara Kane and Irwin Lebow ISBN #: 038079750X

• The Fearless Caregiver: How to Get the Best Care for Your Loved One and Still Have a Life of Your Own  
  Author: Gary Barg ISBN #: 1931868565

• Making the Moments Count: Leisure Activities for Caregiving Relationships  
  Author: Joanne Arlofd Decker ISBN #: 0801857007

• Self-Care for Caregivers: A Twelve Step Approach  
  Authors: Pat Samples, Diane Larsen and Marvin Larsen ISBN #: 1568385609

• Caregiver’s Reprieve: A Guide to Emotional Survival When You’re Caring for Someone You Love  
  Author: Avrene L. Brandt ISBN #: 1886230064