



## Respite Care

Caring for someone at the end of life is hard work on many levels, and all caregivers can benefit from taking an occasional break. Sometimes it is very hard to structure time away as a caregiver, but Agrace's respite care offers this opportunity.

Whether you need time to catch up on sleep or errands, to get out of town for a short vacation, to attend an important work seminar or to simply take a few days to refresh and pamper yourself, a respite can be essential for re-energizing yourself. Medicare and many insurance providers recognize this, too, which is why respite care is one of the covered levels of hospice care. For up to five nights, Agrace patients can come to Agrace in Madison (or one of our contracted facilities) and receive care around-the-clock from our staff.

**If you want or need a respite from caregiving, please discuss this with your Agrace care team,** who will help make the necessary arrangements. ***Respite care is subject to availability, so advance planning is helpful.***