

APPENDIX 1

NEW YORK HEART ASSOCIATION (NYHA)

FUNCTIONAL CLASSIFICATION

(Class and Description)

- I Patients with cardiac disease, but without resulting limitation of physical activity. Ordinary physical activity does not cause undue fatigue, dyspnea, palpitations or anginal pain.
- II Patients with cardiac disease resulting in slight limitation of physical activity. They are comfortable at rest. Ordinary physical activity results in fatigue, dyspnea, palpitations or anginal pain.
- III Patients with marked limitations of physical activity. They are comfortable at rest. Less than ordinary physical activity causes fatigue, dyspnea, palpitations or anginal pain.
- IV Patients with cardiac disease resulting in inability to carry on any physical activity without discomfort. Symptoms of heart failure or of the anginal syndrome may be present even at rest. If any physical activity is undertaken, discomfort is increased.